



TRINIDAD & TOBAGO CYCLING FEDERATION

2016 Easter International

CYCLING

GRAND PRIX

UCI CLASS 2 EVENT

"Where Speed Meets Paradise"

Technical Guide



Message from the President of the TTCF/Chairman of the Organizing Committee



On behalf of the Trinidad & Tobago Cycling Federation, our members and our nation's cycling fans, I am pleased to welcome the athletes, coaches, support staff and spectators to the TTCF's Easter International Grand Prix 2016.

To all of our anxious competitors and excited spectators, the TTCF is extremely proud to announce that the EGP 2016 will once again be UCI Sanctioned. Based on our successful hosting of the 2015 edition, the UCI has granted us with a promoted rating, sanctioning the event as a Class Two event. This means our cyclists will be racing for even more valuable UCI points while you cheer them on.

EGP 2016 presents itself as a precursor to the opening of Caribbean's only indoor track in Couva Trinidad. As the Trinidad & Tobago Cycling Fraternity waits with baited breath, in eager anticipation of a venue so longed for, the National Cycling Centre in Balmain, Couva promises to be an opportunity for all to witness the incredible effort and dedication of the world's top cyclists at a venue that will bring the action as close to you as possible without you leaving your seat. Exciting times are definitely ahead!

To all the volunteers, sponsors, members of the organizing committee and the Union Cycliste Internationale, I wish to convey my sincerest thanks for your involvement and support, without which the EGP 2016 would not be possible.

And finally, and most importantly, to the athletes: we salute your determination and dedication. Race hard, ride safe and I look forward to you all competing at the best of your abilities and proudly representing your clubs, your teams and your nations.

Best wishes for a successful event and congratulations to all who have made this possible.

- Robert Farrier | TTCF President

About the Easter International Cycling Grand Prix

The Easter International Grand Prix is considered to be the Olympic Games for both T&T and Caribbean cyclists as it is certainly the premiere track cycling event in the region. Trinidad & Tobago is quickly creating a reputation and building an exciting repertoire in the cycling world with the Easter International Grand Prix being synonymous with this.

The exciting two day affair which takes place at the Arima Velodrome on the 25 & 26 March 2016 features cyclists from as young as 5 years old to those over the age of 70.

This year, the Trinidad & Tobago Cycling Federation gained higher UCI sanction for this event making it even more attractive to foreign cyclists. The events of the Elite Men Sprint & Keirin, Elite Women Sprint & Keirin, Elite Men Scratch and Junior Men Elimination events are registered as UCI Class II events and thus cyclists will be gaining valuable UCI points towards their World Cup and World Championships qualification.

About the Venue

The Arima Velodrome is a mainstay for track cyclists throughout the Caribbean. This 460m concrete track with 20 degree banks has been the home for several great local cyclists. In years gone by it has also hosted heated battles with the likes of Frederico Paris, Daniel Morelon, Robert Forstemann, 2015 World Sprint Silver medalist Dennis Dmitriev and current World Sprint Champion Gregory Bauge.

Cyclist Eligibility

Cyclist wishing to participate in the Easter International Grand Prix must satisfy the following requirements

- Must possess a valid 2016 Union Cycliste Internationale (UCI) Licence.
- Must possess a letter of authorization from their National Federation stating that they are authorized to compete at the Easter International Grand Prix, Mar 25-26 2016
- Cyclists wishing to compete in the UCI Elite events must be born in or before 1998
- Cyclists wishing to compete in the UCI Junior event must be born in the years 1998 or 1999

UCI Points

The Easter International Grand Prix is a Class 2 registered event and thus points will be awarded as in the Elite Men Sprint & Keirin, Elite Women Sprint & Keirin, Elite Men Scratch Race and the Junior Men Elimination (effective 15th March, 2016)

Finishing Position	Individual Points
1 st	100
2 nd	90
3 rd	80
4 th	75
5 th	70
6 th	65
7 th	60
8 th	55
9 th	50
10 th	45
11 th	41
12 th	38
13 th	35
14 th	32
15 th	29
16 th	26
17 th	24
18 th	22
19 th	20
20 th	18
21 st	16
22 nd	14
23 rd	12
24 th	10
25 to X	1

Cyclist Registration

International Cyclists' registration can be performed by completing the Registration Form on the following link and returning same via email to the Racing Secretary, Mr. Gary Acosta: gacosta@ttcyclingfederation.org

[International Cyclists Registration Form](#)

Local clubs/cyclist will register via the TTCF website using your club login credentials.

Early registration ends on Monday 14th March 2016 @ 8:00pm. After which, all registering cyclists will incur an additional fee of US\$15/TT\$100 per cyclist. All registration will close on Monday 21st March 2016 @ 8:00pm

Event	Registration Fee
Youth Developers	US\$9/TT\$50
All Categories except Youth Developers	US\$25/TT\$150
UCI Events	US\$15/TT\$100 per event
Late Registration	US\$15/TT\$100 per cyclist

Meetings/Licence Control

All Managers of local clubs will be expected to appear at the Technical Meeting for Local Clubs on Tuesday 22nd March from 7:00pm – 8:00pm at the Hasely Crawford Stadium, VIP Lounge. Teams and Clubs will be issued with Accreditation Packages at this meeting. Please note that cyclists and/or officials will not be allowed entry without their accreditation passes.

Licence Control for the UCI Class II events (Sprint, Keirin, Scratch & Elimination Events) will take place on Thursday 24th March from 7:00pm – 7:45pm at the Hasely Crawford Stadium, VIP Lounge. Following which the Technical Meeting for these events will be held from 7:45pm – 8:30pm at the same venue.

Commissaires' Panel

The Members of the Commissaires' Panel for the Easter International Grand Prix (UCI Events) are as follows:

Position	Name	Country
President of the Commissaires' Panel	Andy MCCORD	USA
Secretary	Gary ACOSTA	T&T
Judge-Referee	Ronald PETERS	T&T
Chief Judge	Gregory D'ANDRADE	T&T
Starter	David FRANCIS	T&T
Photo Finish Commissaire	Gary ACOSTA	T&T
Member of the Commissaires' Panel	Frank GITTENS	T&T
Member of the Commissaires' Panel	Kirt CUNNINGHAM	T&T
Member of the Commissaires' Panel	Claire ORR	T&T
Member of the Commissaires' Panel	Rowena WILLIAMS	T&T
Member of the Commissaires' Panel	Ronald DICKIE	T&T
Doping Controls Officer	Andre COLLINS	T&T

Please note that for non-UCI events, Mr. Ronald Peters will assume the role of the President while all other positions will remain.

Official event Timing for the UCI events will be performed by Sylvain Richard (CAN) of RSS Timing Services: www.rsstiming.com

Anti-Doping Controls

- A certain amount of controls will be conducted under the 2015 Anti-doping Rules of the UCI and CADF procedures and instructions. Anti-Doping Controls will be performed on the Ground Floor of the Main Stands. The location of such will be clearly identified.
- Riders selected for anti-doping will be identified on a list by their race number or their ranking. If applicable, the list will be posted at the finish line and at the entrance of the doping control station immediately after the race.
- The rider shall proceed immediately to the doping control station. The absence of a chaperon shall not excuse the rider for not reporting in time to the doping control station. If the award ceremony takes place immediately after the event, a rider needing to go to the award ceremony will be escorted first to the award ceremony area, then to the press conference and finally to the doping control station.
- Each rider to be tested must present himself at the doping control station as soon as possible and at the latest within 30 (thirty) minutes of finishing the race. If a rider takes part in an official ceremony or attends a press conference, the deadline shall be 30 (thirty) minutes of the end of the ceremony or of the moment that his presence is no longer required at the press conference, whichever is the latest.
- Riders must report to the doping control station with their current license; but if it has no photograph, another I.D. with a photo must be presented. Riders may be accompanied by a person of his choice and an interpreter.
- Even if there are chaperons present, ultimately **IT IS THE RIDERS' RESPONSIBILITY TO CHECK IF THEY HAVE BEEN SELECTED FOR ANTI-DOPING CONTROLS**. If the rider does not attend the test, a violation of the UCI Anti-Doping Rules will be noticed and the rider could be sanctioned in accordance with these rules.

Accreditation

Clubs/Teams will be allowed accreditation for officials based on their total team entries as seen below:

- Teams with 1-3 cyclists – 1 Official
- Teams with 4-5 cyclists – 2 Officials
- Teams with 6-10 cyclists – 3 Officials
- Teams with 11+ cyclists – 5 Officials
- Teams with 3+ Youth Developers will be allowed 1 more Official

Keirin/Scratch Heats

Depending on the number of entries received for the Keirin, Heats and/or Repechage Rounds will be held at 1:00pm on Friday 25th March or Saturday 26th March 2016 at the Arima Velodrome where the top 12 will be selected to advance to the 2nd Round on Saturday evening.

In the event that there are entries greater than 36 for the Scratch events, Scratch heats will be held at 1:15pm on Friday 25th March 2016 and/or Saturday 26th March 2016 where a total of 24-30 cyclists will qualify for the Scratch Race finals.

Warm-Up Times

Due to the number of cyclists expected to register and to ensure the safety of all cyclists, the following will be the allotted warm-up times for the respective categories. Only these categories will be allowed on the track during these times. Accreditation for cyclists disobeying these instructions will be revoked without refund of registration fees.

	Category	Warm-Up Time
1	Youth Developers (M+F), Masters 60-69, Masters 70+, Tnymites (M+F), Elite 4	3:15pm – 4:00pm
2	Juveniles (M+ F), Juniors (M+F), Masters 40-49, Masters 50-59, Elite 1, 2, 3, Elite Women	4:00pm – 4:50pm

Holding Bay (Ready Area) and Gear Checks

Cyclists will not be allowed to compete if they did not report to the holding bay (ready area) before their event is called to the line.

Youth Developers, Tinymites & Juvenile cyclists are required to have their gears checked and verified within the respective restrictive sizes per category as indicated in the table below. Gears will be checked at the designated area before each of the respective events.

TRACK GEAR RESTRICTIONS			
#	Category	Gear Rollout (metres)	Equivalent Gear
1	Youth Development – Under 7	4.37	55
2	Youth Development – Under 9	4.68	59
3	Youth Development – Under 11	5.01	63
4	Youth Development – Under 13	5.24	66
5	Tinymites (Under 15)	6.48	81
6	Juveniles (Under 17)	6.88	86

Bib Numbers

All Managers are required to inform their cyclists of the proper placement of their Racing Bib numbers as indicated in the image below. Any cyclist not adhering to this will not be allowed to ride. Two bib numbers, one on either side as indicated below will be required for ALL events at the EIGP 2016



Racing Program

Friday March 25, 2016

Venue: Arima Velodrome | Start Time: 5:00pm

Event No	Laps / Distance	Class / Category
1.	UCI Flying 200m	Elite Women * (Top 8 advance to Quarter-Finals)
2.	UCI Flying 200m	Elite Men* (Top 8 advance to Quarter-Finals)
2a.	Juvenile Heats	2 Laps
3.	250m	Youth Development – Boys & Girls (U7 & U9)
4.	1 Lap	Youth Development – Boys & Girls (U11 & U13)
5.	2 Laps	Tinymites
6.	2 Laps	Tinymite & Juvenile Ladies
7.	Elimination	Elite 1
8.	2 Laps	Elite 2
9.	2 Laps	Elite 3
10.	2 Laps	Elite 4
11.	7 Laps	International Men
12.	4 Laps	Junior, Elite & International Ladies**
13.	4 Laps	Juveniles
14.	4 Laps	Junior Men
15.	2 Laps	Masters 70+
16.	2 Laps	Masters 60-69
17.	2 Laps	Masters 50-59
18.	2 Laps	Masters 40-49
19.	UCI Sprint	Elite Women – Quarter-Finals (one ride)*
20.	UCI Sprint	Elite Men – Quarter-Finals (one ride)*
		INTERMISSION – 10 Minutes
21a.	Juveniles Heats	2 Laps
21.	250m	Youth Development – Boys & Girls (U7 & U9)
22.	1 Lap	Youth Development – Boys & Girls(U11 & U13)
23.	Sprint	Elite Women – Semi-Final Ride 1*
24.	Sprint	Elite Men – Semi-Final Ride 1*
25.	Sprint	Elite Women 5-8 Finals*
26.	Sprint	Elite Women – Semi-Final Ride 2*
27.	Sprint	Elite Men – Semi-Final Ride 2*
28.	Sprint	Elite Men 5-8 Finals*
29.	UCI Sprint	Elite Women – Semi-Final Ride 3 (if necessary)*
30.	UCI Sprint	Elite Men – Semi-Final Ride 3 (if necessary) *
31.	3 Laps	Tinymites
32.	500m	Tinymite & Juvenile Ladies
33.	3 Laps	Elite 4
34.	2 Laps	Juveniles
35.	Elimination	Junior, Elite & International Ladies **
36.	10 Laps	International Men
37.	Elimination	Elite 2
38.	UCI Sprint	Elite Women –Finals Ride 1*
39.	UCI Sprint	Elite Men – Finals Ride 1*
40.	4 Laps	Elite 3
41.	2 Laps	Elite 1

42.	UCI Sprint	Elite Women –Finals Ride 2*
43.	UCI Sprint	Elite Men – Finals Ride 2*
44.	15 Laps	Junior Men
45.	1 Lap	Masters 70+
46.	UCI Sprint	Elite Women –Finals Ride 3 (if necessary)*
47.	UCI Sprint	Elite Men – Finals Ride 3 (if necessary)*
48.	3 Laps	Masters 60-69
49.	3 Laps	Masters 50-59
50.	3 Laps	Masters 40-49
51.	8 Laps	Junior, Elite & International Ladies
52.	UCI Scratch	Elite Men (33 Laps – 15km)*

*UCI Class 2 Event

** Separate prize for Junior Ladies

Saturday March 26, 2016

Venue: Arima Velodrome, Arima | Start Time: 5:00pm

Event No	Laps / Distance	Class / Category
53.	UCI Keirin Heats/Repechage	Elite Women (if necessary @ 1:00pm)*
54.	UCI Keirin Heats/Repechage	Elite Men (if necessary @ 1:00pm)*
55.	8 Laps	International Men
56.	2 Laps	Junior, Elite & International Ladies
56a.	Juveniles Heats	2 Laps
57.	250m	Youth Development – Boys & Girls (U7 & U9)
58.	1 Lap	Youth Development – Boys & Girls (U11 & U13)
59.	3 Laps	Tinymites
60.	4 Laps	Tinymites & Juvenile Ladies
61.	2 Laps	Elite 1
62.	2 Laps	Elite 2
63.	Elimination	Elite 3
64.	Elimination	Elite 4
65.	UCI Keirin	Elite Women – 2 nd Round*
66.	UCI Keirin	Elite Men – 2 nd Round*
67.	Unknown	Masters 70+
68.	Unknown	Masters 60-69
69.	Unknown	Masters 50-59
70.	4 Laps	Masters 40-49
71.	Unknown	Junior Men
72.	4 Laps	Juveniles
73.	Unknown	Junior, Elite & International Ladies **
74.	Unknown	International Men
INTERMISSION – 10 Minutes		
75a.	Juvenile Heats	3 Laps
75.	UCI Keirin	(7-12 & 1-6 Finals)Finals – Elite Women*
76.	UCI Keirin	(7-12 & 1-6 Finals) Finals – Elite Men*
77.	250m	Youth Development – Boys & Girls (U7 & U9)
78.	1 Lap	Youth Development – Boys & Girls (U11 & U13)
79.	2 Laps	Junior Men
80.	6 Laps	Juveniles
81.	8 Laps	Elite 1
82.	7 Laps	Elite 2
83.	Elimination	International Men
84.	Elimination	Junior, Elite & International Ladies **
85.	3 Laps	Elite 3
86.	2 Laps	Elite 4
87.	2 Laps	Masters 70+
88.	3 Laps	Masters 60-69
89.	3 Laps	Masters 50-59
90.	Unknown	Masters 40-49
91.	UCI Elimination	Junior Men*
92.	4 Laps	Tinymites
93.	4 Laps	Tinymite & Juvenile Ladies
94.	12 Laps	Junior, Elite & International Ladies
95.	UCI Scratch	Elite Men (33 Laps – 15km)*